Why Learning Styles are Important

First

It is important to understand learning styles to ensure that tutors are instructing according to the learner’s style and not the tutor’s. A tutor who instructs only according to his own style makes learning more difficult for the learner.

Second

Tutors should know about learning styles to be able to help learners identify their personal learning styles. This knowledge will help learners to build self-confidence and to learn to manage their own learning.

Third

Tutors should know what their own personal learning style is. Because learning styles influence how we teach, we need to know just what that style is and how it compares to the learner’s. Knowledge of learning styles should also help us to be aware of other styles and how to use other styles when in the tutoring environment.

Finally

Even though people have their own preferred learning styles, it is useful to be aware of other styles and how to strengthen weaker styles. Using various learning styles will help strengthen learning experiences.
Learning Styles

Visual

- Messages are taken in through the eyes.
- People with a visual learning style prefer to learn using their eyes.
- Enjoy reading books for knowledge.
- Can easily follow written directions.
- Prefer maps to verbal directions when trying to find a place.

Auditory

- Messages are taken in through the ears.
- People with an auditory learning style prefer to learn by listening.
- Prefer to follow verbal instructions rather than written ones.
- Enjoy group work – discussing information with others.

Kinesthetic

- Messages are taken in by the muscles through body movement.
- People with a kinesthetic learning style prefer to learn by doing.
- Writing things down helps to clarify thoughts.
- Work well with their hands.

Tactile

- Messages are taken in by the skin through touch or physical contact.
- People with a tactile learning style prefer to learn through touch.
- Work well using typewriters, computers or audio/visual equipment.

SOURCE:
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